

**Diabetes Education
Support Services
Presents**

***Diabetes 101:
the Who, What, Why & How
of Diabetes Management***

This information packed program is ideal for registered dietitians (RD), registered nurses (RN), registered pharmacists (RPh) and other health care providers working with people who have diabetes.

This activity is partially supported by an educational grant from Amylin Pharmaceuticals, Inc and Lilly USA, LLC.

Date & Location

Friday, May 11, 2012

Best Western The Plaza Hotel

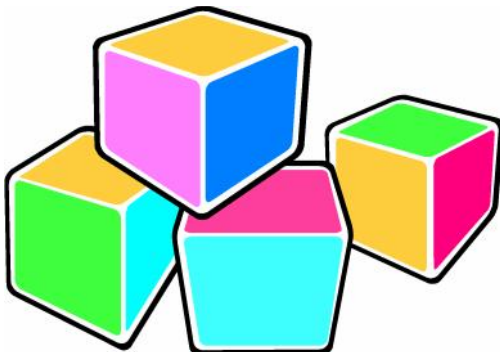
3253 N Nimitz Hwy

Honolulu, HI 96819

808/837-5981

Free parking for attendees

Free airport shuttle for attendees



Continuing Education Credits

This continuing nursing education activity was approved by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation.

Provider No: DES 0812 expires August 31, 2012.

Six point five (6.5) Contact Nursing Education hours (CNE)

Six point five (6.5) Continuing Professional Education (CPE) hours are approved from the

Commission on Dietetic Registration for Registered Dietitians and Dietetic Technicians Registered.

Code: 5190; Level II

National Certification Board for Diabetes Educators (NCBDE)
This program can be used towards maintenance of your CDE credential. NCBDE does not approve or sponsor courses. NCBDE accepts a course for CEUs if the course is approved by an organization on NCBDE 'Recognized Continuing Education Providers' list. This program is approved by 2 organizations on the recognized provider list. NCBDE requires actual clock hours to be listed for CEU credits. This program is 395 minutes.

This program is provided by

Diabetes Education Support Services (DESS)

303/670-7310 • suzpecrd@comcast.net • www.diabetesedsup.com

Conference Outline

Date: March 7, 2011

7:30 Registration, Coffee, Snack

8:00 Welcome & Introductions

8:10 What is diabetes, Who has it & Why manage it?
Pathophysiology including GLP-1, amylin & DPP4. ADA diagnostic criteria, A1C & blood glucose goals ADA, ACE

9:15 Break (view exhibits)*

9:45 What to eat? Medical Nutrition Therapy (MNT)
Recommendations for carbs, protein, fat, glycemic index & various supplements. Review of meal planning methods.

11:00 What medications to use for type 2 diabetes?
Review of oral medications including DPP4 inhibitors, colesevelam HCl (Welchol®) and bromocriptine (Cycloset®). Review of algorithm for advancing therapy. Use of GLP1 agonists as adjunct therapy.

12:00 Lunch (provided)

1:00 When & How to use medication for type 2
Case study using motivational interviewing techniques, MNT, oral medications & GLP1 agonists.

1:45 When & How to use insulin & amylin
Insulin therapies (including bedtime insulin, basal/bolus administration & premixed), action times, duration. Use of Pramlintide acetate (Symlin®) as adjunct therapy.

2:45 Break, Snack

3:00 What about acute complications, exercise and other areas? Play Diabetes Know It All!? (DKIA)

Game format education. Play DKIA to review acute complications, sick day rules and the importance of exercise as a non-pharmacological therapy for diabetes. Also, review ADA Standards of Care for lipids, BP, kidney tests and foot care.



3:45 When & How to adjust insulin: pattern control
Review of carb counting & insulin adjustment. Case studies using insulin to carb ratios, and correction factors.

4:20 Q & A; Evaluations

** Industry representatives are invited and attend at their own discretion*

Faculty

Rose Foronda, APRN, CDE, BC-ADM, RN - Diabetes Nurse Practitioner at Maui Medical Group, Wailuku, HI. Her focus is with type 1, type 2, gestational and pre-diabetes patients. Rose is board certified in Advanced Diabetes Management & Diabetes Education. She is a certified pump trainer for Animas and a speaker for Amylin and a Diabetes Interactive Educator for Eli Lilly.

Suzanne Pecoraro, RD, MPH, CDE - President of Diabetes Education Support Services and consultant for Flatirons Endocrinology, Boulder, CO. A Registered Dietitian and Certified Diabetes Educator, she is a former board member of the American Association of Diabetes Educators (AADE), past President of RMADE, national speaker and author of numerous teaching materials including *Lifeskills*™.

Seminar Goal & Objectives

Goal: Participants will acquire new skills and knowledge to use in their care & education of people with diabetes.

Objectives: At the end of the meeting participants will be able to:

1. Discuss the American Diabetes Assoc. classification of diabetes & diagnostic criteria including A1C.
2. Review pathophysiology of diabetes type 1 & 2 diabetes including GLP1, DPP4 and amylin.
3. Compare/contrast pre and post meal blood glucose value goals of the ADA and AACE.
4. Review Am Dietetic & Am Diabetes Association goals for carbohydrate, protein and fat.
5. Use at least one meal planning method to develop a sample menu.
6. Review the use of oral medications as therapy for type 2 diabetes including DPP4 inhibitors.
7. Explain the use of GLP1 agonists as adjunct therapy for diabetes.
8. Evaluate case presentations concerning specific situations in diabetes management.
9. Discuss the use of insulin management in type 1 & 2 diabetes.
10. Discuss the use of amylin as adjunct therapy for diabetes.
11. Explain the role of exercise as a non-pharmacological therapy for diabetes.
12. Review the ADA goals for A1C, hypertension, lipids and foot care.

Registration Form

**Diabetes 101:
the Who, What, Why & How of DB Management**

RN RD LPN MD RPh CDE

other: _____

Register for:

_____ **Friday, May 11, 2012 Honolulu, HI**

Name: _____

Organization: _____

Address: _____

City/State/Zip: _____

Home Telephone: _____

Work Telephone: _____ FAX: _____

Email: _____

Registration (includes snacks & lunch)

_____ \$115 preregistration

_____ \$ 95 Student with ID

_____ \$140 late registration (anyone after 4/11/12)

Total amount enclosed: \$ _____

Check _____

P.O. No: _____

**Make checks payable to:
Diabetes Education Support Services**

Send registration and payment to:

Suzanne Pecoraro, RD, MPH, CDE

29093 Wild Rose Dr

Evergreen, CO 80439

303/670-7310; suzpecrd@comcast.net

Tax ID No: 27-3205067

Credit Card

Go to www.diabetesedsup.com to register with credit card. Select Registration & "Pay Now". You will be linked to PayPal.

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Support Services
(DESS)**

303/670-7310

FAX: 303/526-1391

suzpecrd@comcast.net

www.diabetesedsup.com



Registration Deadline & Refund Policies

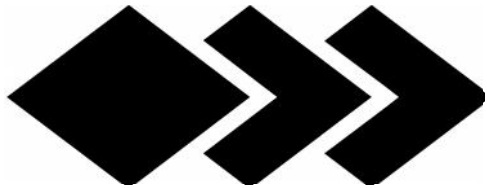
Pre-registration ends one month prior to program (4/11/12). After this date registration increases \$25 for anyone.

Full refunds issued if cancellation is received two weeks (4/27/12) prior to the program.

*New ideas & approaches
to diabetes education
Network with educators &
providers*



Please share this brochure with your co-workers & staff!



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presents this information packed program

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- 6.5 contact nursing education (CNE) hours for RN
- 6.5 continuing professional education (CPE) hours for RD & DTR
- Network with your colleagues and peers
- Visit with providers of diabetes supplies and medications
- Discuss new ideas for diabetes self-management & ways to motivate your clients towards change
- Evaluate case studies



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